



Sahar Consulting, LLC

Sahar Andrade, MB.BCh, is a distinguished leader in Inclusive Leadership and Organizational Development, uniquely qualified to navigate complex executive challenges and systemic changes.

With a rich global background from living and working across seven countries on three continents, and fluent in five languages, Sahar brings a rare depth of cultural intelligence and strategic acumen to her engagements.

As the founder of [Sahar Consulting, LLC](#), and [Reinvent Yourself to Greatness](#), Sahar has pioneered transformative strategies in:

- **Inclusive and Compassionate Leadership**
- **Organizational Development and Change Management**
- **Strategic Planning and Execution**
- **Executive and Leadership Coaching**
- **Diversity, Equity, Inclusion, and Accessibility (DEIA) Strategies**

Her work is nationally acclaimed, with recognitions including being named one of the top 100 DEIA Visionaries by the *Los Angeles Times* and one of the top 15 coaches in LA by Influence Digest Media.

Her insights place her on the prestigious **Forbes Coach Council**, and she is a consistent nominee for the LA Business Journal's Diversity & Inclusion Award.

Sahar's dual background in Medicine and Psychiatry, combined with a Mastery of HR Studies, equips her with a nuanced perspective on leadership and organizational psychology, making her a sought-after strategist for systemic change and inclusive cultural shifts. She has significantly impacted Fortune 500 companies, government agencies, healthcare organizations, and educational institutions.



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As an Adjunct Professor at USC and Instructor at UC Irvine, Sahar actively shapes the future of inclusive leadership. Her thought leadership extends to national platforms, including the United States of Women conference.

A published author and esteemed speaker, her book "49 Things About Entrepreneurship" and numerous talks distill her innovative approaches to business and leadership.

Sahar Andrade's blend of medical insight, global experience, and strategic mastery positions her as an ideal partner for organizations committed to profound leadership transformation and sustainable growth."